CHECKLIST

Your Rights in Police Detention Checklist

- [ ] Ask for a solicitor as soon as you arrive at the station
- [ ] Request that someone be told you have been arrested
- [ ] Tell the custody officer about any medical needs or medications
- [ ] Do not answer questions until you have spoken to your solicitor
- [ ] Ask for breaks during long interviews
- [ ] Write down or ask your solicitor to note key times and events
- [ ] Read any statement or document before you sign it
- [ ] Ask to see your custody record before you leave
- [ ] Check the interview recording reflects what was actually said
- [ ] Make representations at detention reviews if you believe continued custody is unjustified