CHECKLIST

Injunction compliance checklist

- [ ] Keep a written copy of the order where you can reference it daily
- [ ] Share the restrictions with household members
- [ ] Map prohibited areas and avoid them completely
- [ ] Set reminders for reporting dates and attend on time
- [ ] Instruct a solicitor to review the terms
- [ ] Record your movements and activities
- [ ] Ask for clarification on any unclear terms immediately
- [ ] Notify your solicitor of any enforcement contact